# TIDE RUNNER

## Race Declaration

This Race Declaration must be completed and signed by each team member and then handed in at Race Registration.

By signing this declaration I agree the following:

- The information provided on the entry form is correct (name, age, phone number, emergency contact info, sailing and running experience).
- I agree to follow the rules specified in the Race Guide and any instructions issued by Race Control during the race.
- I accept that the decision of Race Control is final, subject to any protest submitted by a team.
- Our boat meets World Sailing Offshore Special Regulations Category 3 with a Category 2 Liferaft, and I understand that Race Control may choose to scrutinise the boat to check it meets these requirements.
- I will carry all of the mandatory kit specified in the running kit list on each of the running legs.
- I acknowledge that the team captain is responsible for the safety of their boat and team at all times, and it is solely their decision to start and continue in the race.
- I acknowledge that sailing and trail running are inherently risky sports, and that by taking part in this race I am exposing myself to these risks.
- I accept responsibility for any injury, damage or loss caused by my actions, and that the existence of the race organisers and marshals does not relieve me of my responsibilities.

| | Print name | Signed |
|---|---|---|
| **Team Captain** | | |
| **Team Member 2** | | |
| **Team Member 3** | | |
| **Team Member 4** | | |
| **Team Member 5** | | |